



May Park Primary School
"Nurturing Curiosity; Cultivating Creativity"
Coombe Road, Eastville, Bristol BS5 6LE
0117 9030075
enquiries@maypark.excalibur.org.uk
www.maypark.bristol.sch.uk



15th January 2026

Dear Parents and carers,

It was so lovely to see so many of you at our parents' evenings this week. We will be putting out a short survey on forms soon to ask for your feedback.

We started our baby/ toddler group on Monday. Please come along on Monday 9.00- 10.30 for activities, coffee and a chat.

INSET dates for 2026/2027:

3 September
4 September
27 November
30 November
4 January
7 June

Iftar

Please see the flyer on Dojo. We are selling tickets from the school office

A handwritten signature in cursive script that reads "Emma Tovey".

Mrs. Emma Tovey
Principal

Forest School

We have been imagining how we could survive in the woods overnight with limited resources.

Working together we created shelters to protect us from the elements, made class fire circles and practiced our fire sparking skills using the fire steel.

Yr 5 and Yr 6 worked really hard considering the wet and frosty weather and managed to light and maintain the Ghillie kettles and boil enough water for us all to have a hot chocolate.



Nursery

Our new children have settled in well. A huge thank you to all our new parents for supporting our children to settle.

We would like to thank our children in nursery who have been very kind and caring and really supported the new children to settle too. The children have enjoyed exploring the indoor and outdoor environments and going to Forest school.



Year 1

In year 1 this week we have been doing amazing learning! In maths, we have been partitioning 12 and 13 then finding addition and subtraction facts for the numbers.

In Authors, we have been adding the prefix un to words and seeing how it changes their meanings.

In musicians, we've been listening to some classical pieces and drawing along with it to feel the music. Also, we have been composing our own musical pieces inspired by aquariums!



Year 2

We were so excited on Wednesday to have a visit from Steph at Farm link, who brought us an incubator full of chicken's eggs. She told us all about the lifecycle of chickens and we are keeping the incubator for the next 3 weeks to watch and wait for the chicks to hatch.

Year 3

The children have settled back into school well and have made a positive start to Term 3. In maths, we have begun learning about fractions, focusing on comparing proper fractions with the same denominator. In writing, we have introduced our new class text '*Stone Age Boy*', which the children are already enjoying and using as inspiration for their work. In history, we started our exciting new topic, learning all about the Bronze Age and the Iron Age, and exploring how life changed during these periods.

Year 4

Year four have been finishing their enquiry about mountains. The children were moving tectonic plates around to discover how mountains are formed.



Year 6

It has been lovely to see everyone after the holiday. Year 6 have got stuck into our new history unit, the Industrial Revolution, by looking at inventions during that period. We enjoyed making periscopes to explore how mirrors work in science. CPG Revision books are being used for homework - please check which work needs to be completed. We are going on two trips in the next few weeks - please sign up on MCAS.





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Resource Base

Lilliput Class:

We have been so excited to welcome everyone back in Lilliput class. We hope you had a great Christmas Holiday!

This week we have been exploring our new topic book 'Who Swallowed Stanley!?' The students had a wonderful time exploring all the different resources connected to our story and creating art from different materials! We have been also practicing putting objects into equal groups and halving fruits and vegetables, working on our mathematical thinking. We will continue exploring this next week.

We wish you all a wonderful rest of the week!

Narnia Class:

It has been lovely to welcome back Narnia class, and I hope everyone had a lovely half term! This week we have started our new topic book called Clean Up! Narnia have been creating sentences using colourful semantics about parts of our story, some children have been writing sentences.

Narnia have also been introduced to sharing amounts equally. We will continue to practise this next week too.

We would like to welcome a new staff member into our class, her name is Miss Mia!

Atlantis Class:

Welcome back to all of Atlantis class. We have had a settled and welcoming week back into class. This week Atlantis class have been exploring the story 'The Storm Whale'. The children have been using it to develop their knowledge of adjectives and how to use them in different sentences. In maths we have been exploring counting in jumps / steps, as pre-cursive skills to support multiplication. In topic, we have focused on contrasting locations around the world. We have initially begun by looking at different places of interest in our local area.

Safeguarding

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a task, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child is upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.





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Family Support

Family Support

Will be available on Thursday mornings from 9.15am -10.30am.

Please book an appointment with Mrs Allen.

Additional Information

STAY & PLAY
FOR FREE AT MAY
PARK BABY &
TODDLER GROUP

MONDAYS
9-10.30AM

BABIES
UP TO 3
YEARS
OLD

PARENTS
& CARERS
TO STAY WITH
CHILDREN AT
ALL TIMES

COME &
MAKE NEW
FRIENDS

TO BOOK YOUR PLACE,
PLEASE CONTACT: (0117) 903 0075

ALL WELCOME!



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Attendance

Just to remind all parents we have a new attendance email address for all enquiries any proof of appointments, absence requests and to let us know of any absences -

mppattendance@maypark.excalibur.org.uk

Our absence request procedure is to collect a form from the school office at least 4 weeks before the absence and then email it to the above email address or hand it back into the office with any proof of the absence and any flight tickets.

Admissions -

Our school is currently quite full which is fantastic news but if you know anyone who has children looking for a nursery or interested in an open day, please get them to email our new admissions email address -

mppadmissions@maypark.excalibur.org.uk

Thank you all so much again and the Attendance team are always here if you need us.

Trips

We the Curious Year 5 – 29.01.26

LifeSkills Year 6 – 26.01.26

STEAM visit Year 6 – 06.02.26

School Office

School Office Opening Time are:

8am – 12pm

12pm – 12.30pm CLOSED

12.30pm - 4pm

Can we please remind all parents that the office is closed from 12.00pm - 12.30pm. So, if your child has an appointment and you need to collect could you please collect before 12.00pm and after 12.30pm.